

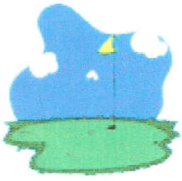
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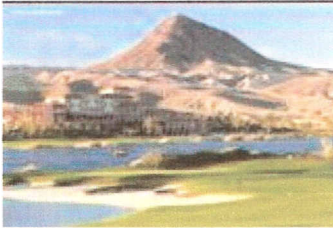
E-NEWSLETTER

SEPTEMBER NEWS



5th Annual Racing to Recovery Golf Tournament Friday, November 5

For flyer, [click here.](#)



Over 100 golfers of all skill levels will gather at spectacular Lake Las Vegas on Friday, November 5, 2010 for the fifth annual Racing to Recovery Golf Tournament to benefit the Sam Schmidt Paralysis Foundation. Some have golfed with us before and some will be first-timers to the tournament, but all have their eyes on the real prize - a cure for paralysis!

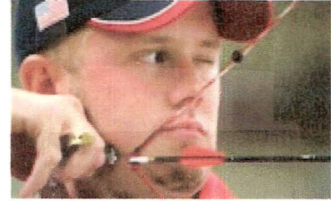
This year's golf outing will be held at the exclusive South Shore Golf Club on scenic Lake Las Vegas in Henderson, Nevada. Designed by Jack Nicklaus, the South Shore Golf Club has been recognized as a Golf Digest TOP 10 course nationally.

A festive Pre-Party and Silent Auction will be held at the home of Sam and Sheila Schmidt on Thursday, November. Guests will be treated to a champagne cruise

"Whether you think you can or whether you think you can't, you're right." (Henry Ford)

People We Know

JON MIZE



PARA-ARCHER EXTRAORDINAIRE

Jon Mize first shot a bow at the age of six. His dad encouraged his love of spending time outdoors, hunting and target shooting. Jon had an active childhood and became an accomplished athlete and sportsman. But he loved archery the best of all, and dreamed of someday taking his talent to a competitive level.

Jon's life-altering challenge occurred when the Muncie, IN resident sustained a spinal cord injury in a motocross accident in 1999, resulting in paralysis from the stomach down. He initially tried to continue with archery, but found it difficult to balance in his wheelchair while shooting a bow. So Jon put his bow on the shelf and didn't really think much about shooting it again for several years.

Fate intervened again in 2007, when the International Bow Organization 3D Archery World Championships happened to be scheduled at a location 20 minutes from Jon's house. The competition included a class for physically challenged archers. Jon finally got his hunting bow out, practiced

on Lake Las Vegas, a display of exotic cars and the opportunity to rub elbows with IndyCar drivers and other celebrity guests.

A number of exciting auction items have already been secured including vacation packages, golf packages, sports memorabilia and exquisite art and wine.

Tournament Pre-Party tickets are included in all golf packages. For non-golfers, Pre-Party tickets are available for purchase at \$100 per guest.

All proceeds of the Pre-Party, Silent Auction and Golf Tournament will benefit the Sam Schmidt Paralysis Foundation.

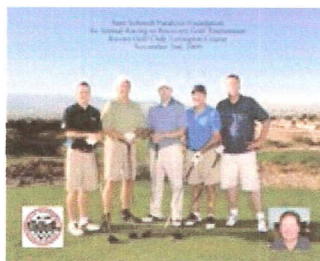
Various sponsorship packages are available for corporate groups, as well as participant packages for individual foursomes and single golfers.

For more information or to sign up for the Golf Tournament and/or Pre-Party, contact Alice Rose, arose@samschmidt.org or call 317-236-9999.

A few of the photos from last year's golf tournament:



Entire group



Winning team



On the course



Patron tent

obsessively, and ultimately placed 5th out of the 15 archers entered in his class.

While the great finish fueled Jon's ambition for a career in archery, reality dictated the necessity of a solid education, so he pursued a degree in Sports Administration and Marketing. Throughout college Jon continued to shoot 3D competitions and indoor leagues at local archery shops. With the encouragement of coach Randi Smith of the USA Paralympic Archery team, Jon attended a camp at the Olympic Training Center in Chula Vista CA for FITA archery, where he progressed from shooting 35 yards to 90 meters, nearly the length of a football field.

In 2009, Jon Mize took the Para-Archery world by storm with a fourth place finish at the World Championships held in the Czech Republic, besting many archers who had competed in the Beijing Paralympics. Because of his obvious natural talent, Jon was named to the Para-Archery World Championship team, Compound Bow division. Countless hours of shooting the bow had finally paid off in a big way.

Jon's next goal was a spot on the National Paralympic team, leading to the 2012 Paralympics in London. In order to qualify for the paralympic team the archer must shoot a certain score at a sanctioned Star FITA Tournament. Jon spent the summer after college graduation traveling to competitions, trying to attain an adequate score to make the paralympic team. He went to Georgia twice, then Philadelphia and came within six points of making it. Jon says, "I was so close I could taste it. I ended up shooting my qualifying score in Indiana, two hours away from my hometown. This was a huge accomplishment and just proved to myself if I want something bad enough and try hard enough I can achieve any goal I set."

Jon credits Indianapolis carbon fiber fabricator Mark One Composites for building a custom back rest which improved his balance considerably. "The Indy Car community seems like a tight group of friends and this summer I was fortunate enough to meet some great people in the Indy Car Industry at Mark One Composites. They make custom carbon fiber seats and do a lot of the technical repairs to the carbon



Sam in golf cart traffic



Long putt

To see more photos of this and our previous golf tournaments, click [here](#).

Supporting Research



The Sam Schmidt Paralysis Foundation is committed to curing paralysis. The Foundation recently provided a grant to assist a research project being undertaken by Dr. Edgar Walters, Professor of Integrative Biology and Pharmacology, University of Texas Medical School at Houston. Dr. Walters' project involves adaptive responses of neurons to injury and stress.

Background

Unfortunately, agonizing SCI pain is often untreatable. Previous research on basic mechanisms of SCI pain has focused on alterations in surviving spinal neurons that lie in pain pathways, often examining effects of local inflammation and death of other neurons on responses of these central neurons.

Until this study, little attention had been paid to the peripheral sensory neurons called "nociceptors" that sense injurious events in the body and excite spinal pain neurons. Normally silent until awakened by the peripheral injury, the spontaneous activity of the nociceptors results in sensitivity of central pain pathways, leading to chronic pain.

The Project

Dr. Walters hypothesized that persistent spontaneous activity of nociceptors after SCI should increase the activity and

fiber on Indy Cars that teams are not capable of fixing themselves. The owner Jeff Mowins was kind enough to take the time to make a custom back rest for me to shoot my bow from my wheelchair. Since my stomach muscles are weak, holding a bow up and trying to aim is not the easiest task but with their help and the new back rest it has improved my stability and shooting scores tremendously. I'm as proud to represent Mark One Composites as any Indy Car Driver out there who is using their products.

"My future goals are to continue to train hard and make the 2012 Paralympic Games in London. I know I can compete with the top shooters in my division and I want to be able to be on the podium holding the gold medal and representing the United States of America."

The Sam Schmidt Paralysis Foundation is excited to welcome Jon Mize as our newest volunteer. His determination to not only follow his passion for archery but excel at a world class level makes Jon an inspiration to all of us.

About Para-Archery

Archery is a test of accuracy, strength and concentration. The sport is open to athletes with a physical disability in three functional classes (Open, Standing, and Wheelchair). It is comprised of individual and team events, standing and wheelchair competitions, as well as events for visual impaired. Competitors shoot at a target marked with ten scoring zones, from a set distance.

As a Paralympic sport, archery was originally a means of rehabilitation and recreation for people with a physical disability. The first archery competitions for people with a disability were held during the first International Games for the Disabled in Stoke Mandeville, England, in 1948, with the participation of 130 athletes from two countries. Archery has been included in the Paralympic Games competition program since 1960, when it was introduced to the world as a Paralympic sport during the Games in Rome.

sensitivity of central pain pathways just as it does after peripheral injury. In focusing on the role of nociceptors after a spinal cord injury, Dr. Walters and his team are exploring a novel approach to treating SCI pain.

Said Dr. Walters, *"Data collected so far has provided strong evidence to support the hypothesis. These findings represent the first evidence for an unexpected and potentially important source of chronic pain in patients living with SCI. A major paper describing our results was just accepted by the Journal of Neuroscience."*

We are excited to be playing a part in Dr. Walters' groundbreaking research, and will continue to follow this promising development in the treatment of chronic pain after SCI.

How You Can Help

The Sam Schmidt Paralysis Foundation is committed to a cure for paralysis. We need your help, but understand the wisdom of researching a nonprofit before choosing to donate. There are several on-line resources to compare nonprofits. At this time, we are listed on Guidestar and Great NonProfits, with more listings to follow.

We strive to keep our administrative costs low, allowing us the flexibility to award grants for promising research initiatives. Our staff and volunteers work diligently towards the common cause. Each staff person wears several hats and is expert at multi-tasking. Every possible economic measure is taken, along with some that may seem nearly impossible. We never lose sight of the goal - a cure for paralysis!

Donations can be mailed in, called in, or via PayPal through the Donate buttons on our website's Home Page, our Facebook page and our Facebook Causes page. Federal employees can donate through the Combined Federal Campaign (CFC) via Medical Research Charities (MRC) or their affiliated program Neighbor to Nation. Our CFC number is **11724**. Additional avenues for online donation are being explored. as well.

For more information on how you can help to find a cure for paralysis, click [here](#).



Jon Mize with fellow para-archer Catie Cox

2011 Calendar

The 2011 IZOD IndyCar calendar will be available for purchase by mid-October, in time for holiday sales. The colorful 12 month calendar features several of the drivers, as well as photos of the Indy 500. It offers coupon discounts and a special fan-generated photo section.

Best of all, a portion of the proceeds will benefit the Sam Schmidt Paralysis Foundation.

Details on how to order these brilliant calendars will be posted on our website as soon as available. Don't forget - you'll need 2011 calendars soon, for home, office and holiday gifts. You can help us lead the charge to cure paralysis, while showing your appreciation of great racetrack action. IZOD IndyCar is the best!

Upcoming Events

October:

- 10/2: Day at the Races, Miami, FL

November:

- 11/5: 5th Annual Racing to Recovery Golf Tournament, Las Vegas, NV

Visit our website for information on how to register for an event, or call the Sam Schmidt Paralysis Foundation at 317-236-9999.